

THE SUCCESS MINUTES QUICK TRACKER



This handout helps shift our focus from tracking problem behaviors to identifying and learning from brief moments when a student is engaged, regulated, connected, or participating.

By capturing these “success minutes,” teams can begin to see patterns in what’s working and use that information to intentionally create more of those moments throughout the day.

How to use the tracker:

Notice a success moment

Jot it quickly:

- Time + activity
- How long it lasted
- What the student did
- What support might have helped

Aim for 3+ moments per day

End of day (1 minute):

- Where did success happen most?
- What patterns do you notice?

Student: _____
Week of: _____
Educator: _____

Goal: Notice and capture small moments of success during the day.

Success = engagement, regulation, connection, or participation.

QUICK SUCCESS LOG

TIME	ACTIVITY	SUCCESS TIME	WHAT HAPPENED	SUPPORT THAT HELPED

Examples teachers might write quickly:

9:05 | Math | 3 min | started work | teacher nearby
10:40 | Reading | 2 min | partner work | peer support
1:15 | Science | 4 min | stayed in group | hands-on task

ULTRA-FAST SUPPORT CHECK

Circle what helped.

Peer

Movement

Choice

Job / responsibility

Hands-on activity

Music

Adult nearby

Visual support

Break before task

Other: _____

END-OF-DAY PATTERN CHECK

(1 minute reflection)

Today success happened most during:

Morning

Midday

Afternoon

Group work

Independent work

Hands-on activities

Transitions

Notes:

THE ONE QUESTION THAT DRIVES THE FRAMEWORK

How can we create more moments like this tomorrow?

Ideas:

QUICK SCRIPT FOR NOTICING SUCCESS

Tell the student when you see it.

"I saw you stick with that for two minutes."

"You stayed with your group today."

"That effort mattered."